



Nurse Health Consultant Training Topics

Medication Administration - 3 hours

This training is designed using 2023 WV Child Care Center Licensing Regulations and best practice. Together we will work through various scenarios in case study and problem/solution critical thinking format to answer common questions about giving medications in the childcare setting. Medication administration related to individualized health care plans, asthma, seizures, and severe allergy management will also be covered. After successful completion of Medication Administration training the participant will receive 3.00 WV STARS hours.

All About Allergies - 2 hours

- Definition of allergen
- Differentiate between common cold and allergy symptoms.
- Recognize the most common allergens including most common food allergies.
- Differentiate between a true food allergy and food intolerance.
- Learn when to seek medical attention and the most common types of medications/treatments used.
- Recognizing importance of an Individualized Health Care Plan and Emergency Care Plan for a Child with severe allergies.

Communicable Diseases in Childcare - 2 hours

This training incorporates the information from Infection Control training and in addition covers:

- Definitions of communicable disease terms
- Bacterial disease
- Viral disease
- Fungus
- Parasites

Creepy, Crawly, Creatures – 2 hours

- Lice information
- Tick information
- Bed bug information
- Scabies information
- Intestinal parasites
- Exclusion guidelines

Dealing with Lice - 1 hour

- Description of lice and their life cycle
- Transmission
- How to identify lice
- Treatment options
- How to perform a head check

Diabetes in Child Care-1.5hours

- What is Diabetes
- Treatment
- Introduction to Medical Devices
- How to recognize hyperglycemia & Hypoglycemia
- Administration of Emergency Medication

First Aid for Minor Injuries-1.5 hours

This training does not take the place of the required Pediatric Cardiopulmonary Resuscitation (CPR) and First Aid requirements for child care staff.

- How to build and Maintain a First Aid Kit
- First Aid for Minor Injuries
- Prevention to Minimize Injuries
- Recognize the Need for Emergency Medical Treatment

Ear Infections - 1 hour

- Structure of the ear
- Otitis Media and Treatment
- Ear Tubes
- Complications of Ear Infections
- Risk Factors
- Exclusion
- Prevention

Infection Control in the Childcare Setting – 1 hour

- Share differences between sanitizing & disinfecting and know when to use each.
- Discuss definition of pathogens
- Why and how to use universal precautions
- Share with you how infections are spread.
- When gloving is recommended

Medical Action Plans – 1.5 hours

- Explain when a medical plan of care is required
- Explain the importance of a medical plan of care
- Describe the essential information included in a medical plan of care
- Demonstrate knowledge of ADA requirements
- State benefits of medical plan of care for the child and family
- State benefits of medical plan of care for the childcare program

Morning Health Checks – 1 hour

- What is a morning health check
- Why do we do it
- How to use all your senses
- General considerations
- How to handle concerns
- When to exclude

Neonatal Abstinence Syndrome - 2 hours

A cluster of symptoms in a newborn due to use of opioids and/or sedatives of the mother during pregnancy. This training covers:

- National and WV statistics
- Signs and Symptoms
- Withdrawal
- Supportive Management
- Individual Health Care Plans

Oral Health in Children - 1 hour

- Primary Teeth
- Effects of Tooth Decay
- Early childhood caries (cavities)
- Preventing tooth decay
- Hygienic oral health practices in daycare

Rashes and Scratches – 1 hour

Skin conditions are a common occurrence among young children. This training will examine some of the most common conditions including:

- Dermatitis
- Viral infections, and
- Bacterial infections.
- Information will include:
- Treatment and exclusion criteria.

Respiratory Infections in Children - 1 hour

- How Our Respiratory System Works
- Upper Respiratory Illness
- Lower Respiratory Illness
- When to Send Home
- Outbreak Control
- General Considerations

Seizure Disorders – 1.5 hours

- Recognition
- Types
- First aid and when there is a seizure a medical emergency
- Treatment options
- Possible triggers
- Supporting child
- Effect on learning
- Teaching other children about seizures

Summertime Safety - 2 hours.

- Effects of Sun, UV rays and effects, application of sunscreen
- Outdoor Play, when to play outside
- Licensing Regulations
- Heat and Sun related Illness and first aid
- Bug safety and first aid

Planning for Children’s Health Needs During a Disaster (Self-Paced)-1 hour

- How children with specific health needs may respond to disasters
- Disaster plan that supports children who have special health needs
- Necessary emergency documentation for every child
- Communication of child specific information to staff, guardians, first responders, and medical personnel
- Inventory checks of necessary supplies

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