



Child Care Health Educators focus on providing the most up-to-date information on health, safety, and nutrition topics to child care providers to improve the overall health of the child. They can provide trainings, handouts, recipe ideas, or advice on many health related topics. They have flexible schedules and can work with you to schedule trainings at your center. Online and in person trainings are available.

CHILD CARE HEALTH EDUCATOR NORTH

Child Care Resource Center Resource and Referral Region, Choices Resource and Referral Region, and MountainHeart North Resource and Referral Region

Chrissy Lafferty
304-710-9695
clafferty@rvcds.org

CHILD CARE HEALTH EDUCATOR SOUTH

Connect Resource and Referral Region, Link Resource and Referral Region, and MountainHeart South Resource and Referral Region

Harmony Vance-Tissenbaum
304-529-7603 ext. 3437
hvance@rvcds.org

www.wvearlychildhood.org

TCR-ECE is supported by federal funding passed through the West Virginia Department of Human Services: Federal award amount: \$4,727,547 (99.9% of program budget) State award amount: \$5,122 (0.1%). TCR-OMCFH is supported by state funding through the West Virginia Department of Health. TCR-HV is supported by federal funding passed through the West Virginia Department of Health: Federal award amount: \$225,000 (100% of program budget) State award amount: \$0 (0%).

Training Topics:

2 Hours:

All That Sugar and Fat

Beans...More Than Just Cute Songs

Bed Bugs and Beyond

Being a Good Role Model

Breastfeeding Basics

Identifying Environmental Hazards 1

Identifying Environmental Hazards 2

Indoor and Outdoor Safety

Let's Make a Menu

Let's Move

New Recipe Ideas 1

New Recipe Ideas 2

Oral Health

Picky Eaters

Planting Seeds for Healthy Eating

Safe Sleep Practices

Stress Management

Understanding Special Dietary Needs

1 Hour:

Fun and Healthy Snacks

Infant Feeding