



Child Care Health Educators focus on providing the most up-to-date information on health, safety, and nutrition topics to child care providers to improve the overall health of the child. They can provide trainings, handouts, recipe ideas, or advice on many health related topics. They have flexible schedules and can work with you to schedule trainings at your center. Online and in person trainings are available.

CHILD CARE HEALTH EDUCATOR NORTH

Child Care Resource Center Resource and Referral Region, Choices Resource and Referral Region, and MountainHeart North Resource and Referral Region

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CHILD CARE HEALTH EDUCATOR SOUTH

Connect Resource and Referral Region, Link Resource and Referral Region, and MountainHeart South Resource and Referral Region

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TCR-ECE is supported by federal funding passed through the West Virginia Department of Human Services: Federal award amount: \$4,727,547 (99.9% of program budget) State award amount: \$5,122 (0.1%). TCR-OMCFH is supported by state funding through the West Virginia Department of Health. TCR-HV is supported by federal funding passed through the West Virginia Department of Health: Federal award amount: \$225,000 (100% of program budget) State award amount: \$0 (0%).

Training Topics:

2 Hours:

Bed Bugs and Beyond

Being a Good Role Model

Identifying Environmental Hazards 1

Identifying Environmental Hazards 2

Indoor and Outdoor Safety

Let's Make a Menu

Let's Move

New Recipe Ideas 1

New Recipe Ideas 2

Oral Health

Picky Eaters

Planting Seeds for Healthy Eating

Safe Sleep Practices

Steps to Keeping Classrooms Healthy and Clean Part 1

Steps to Keeping Classrooms Healthy and Clean Part 2

Stress Management

Understanding Special Dietary Needs

1 Hour:

Beans...More Than Just Cute Songs

Breastfeeding Basics

Fun and Healthy Snacks

Infant Feeding