

**Changing. Learning. Growing.**



**Celebrating Connections 2018  
Conference Program**

**April 11-13, 2018 • Charleston, WV**

**LISTEN...**  
To dynamic national, state and local speakers who will motivate and entertain you.

**LEARN...**  
Knowledge that will bring you up-to-date on current early care and education practices.

**ENJOY...**  
Stimulating conversation while exchanging ideas with other professionals.

**Celebrating  
Connections  
2018**



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# Celebrating Connections--Agenda at a Glance

Time	One Day & 3 Hour Sessions Wednesday, April 11	General Conference Thursday, April 12	General Conference Friday, April 13
7:30 am	On-Site Registration begins (7:30 am-4:30 pm) Enjoy refreshments and browse the Exhibit Hall (7:30 am-4:30 pm)	On-Site Registration begins (7:30 am-5 pm) Enjoy refreshments and browse the Exhibit Hall (7:30 am-5 pm)	On-Site Registration begins (7:30 am-12 noon) Enjoy refreshments and browse the Exhibit Hall (7:30 am-3:30 pm)
8 am			
8:45 am		Keynote Address (8:30-10:00 am) Jennifer Daniels	Spotlight Speakers (8:30 - 10:00 am) Joshua Sparrow (Little Theater) Jason Koteci (South Hall)
9 am	One Day Institutes 9:00 am-4:00 pm		
10:15 am	3 Hour Conference Sessions 9:00 am-12:00 pm	Break 10:00-10:30 am	Break 10:00-10:30 am
10:30 am			
11 am		Conference Sessions 10:30 am-12 noon	Conference Sessions 10:30 am-12 noon
11:30 am			
12 noon	Networking Lunch for purchase or lunch on your own (12-1 pm)	Networking Lunch for purchase or lunch on your own (12 noon-1:30 pm)	Networking Lunch for purchase or lunch on your own (12 noon-1:30 pm)
1 pm	One Day Institutes continued until 4 pm		
1:30 pm	3 Hour Conference Sessions 1:00 pm-4:00 pm  Exhibit Hall closes at 4:30 pm	Conference Sessions 1:30-4:30 pm	Conference Sessions 1:30-3 pm
3 pm			
4:30 pm		Exhibit Hall closes at 5:00 pm	Exhibit Hall closes at 3:30 pm
5 pm			

# Conference Notes & General Information

## Where Is the Conference Located?

Celebrating Connections 2018 will be located at the Charleston Civic Center across the street from the Town Center Mall in downtown Charleston, West Virginia. Parking at the Civic Center parking garage is \$3 per day. Town Center Mall parking is \$1.75 per day. \*\*Due to a remodeling project at the Charleston Civic Center, some sessions may be relocated to the Holiday Inn Express Civic Center (across the street) or to the Charleston Marriott (down the street).\*\*

## Is There a Central Information Office at the Conference?

Information about special events, restaurants, shopping, entertainment, transportation, places of interest in Charleston, first aid or other emergency needs, and a lost and found is available at the Information Desk in the Registration Area. You may also contact the Charleston Visitor's Bureau for more area information at (304)344-5075.

## Accessibility

While every effort is made to ensure this conference is as barrier-free as possible, some challenges may still exist. Your expertise and feedback in barrier identification will allow us to remedy these areas of concern for future events.

## Community Bulletin Boards

Visit our Community Bulletin Board located in our Registration Area for information on the job market, last minute conference changes, and community events. Conference participants may post their qualifications or job vacancies here. Conference staff may also post last minute communication about conference changes here, although most changes will be communicated through our Conference Facebook page. Anyone attending the conference is also encouraged to share information about local community events for early childhood professionals or families.

## Electronic Handouts

Now for the third consecutive year, handouts will be available on the Celebrating Connections website for participants to print prior to attending the conference. Visit [www.wvearlychildhood.org](http://www.wvearlychildhood.org) before the conference to print your handouts. As we move forward with this effort of "going green", please note that no handouts will be given out during the conference.

## Children at the Conference

Please do not bring children to the conference with you while you attend sessions. It can be disruptive to the professional learning atmosphere when young children are in the sessions.

## A Word of Caution

Unfortunately, losses and thefts occur whenever large numbers of people meet. Please exercise adequate precautionary measures. The Civic Center and conference sponsors are not responsible for the loss or theft of any item.

## What is the Exhibit Hall and When is it Open?

The Exhibit Hall is a central area where participants can browse various information booths of area businesses related to the early childhood field. When visiting the Exhibit Hall, be sure to stop by the information desk located at the back of the hall to pick up your copy of our Exhibitor Scavenger Hunt. Participating in this fun and engaging Scavenger Hunt will allow you the opportunity to win one of the many prizes donated by our generous exhibitors. The Exhibit Hall will be open during the following times:

- Wednesday, April 11, 2018 7:30 am-4:30 pm
- Thursday, April 12, 2018 7:30 am-5 pm
- Friday, April 13, 2018 7:30 am-3:30 pm

# Conference Notes & General Information

## What Are the Benefits of Registering Early and How Do I Register?

Registering early not only helps ensure workshop selections, but is also the greatest savings. You can save up to \$50.00 by registering early!

Early registration deadline is March 15, 2018. Registrations must be POSTMARKED by this date or they will be returned UNPROCESSED. If your registration is returned, you need to bring your registration form and payment with you to the conference for on-site registration. Only check, credit card, purchase order, or money order will be accepted as forms of payment. No cash will be accepted. For more information on registration, see page 29.

## When Can I Register On-Site?

On-site registration and other information will be provided at the registration table and will adhere to the following schedule:

- Wednesday, April 11, 2018 7:30 am-4:30 pm
- Thursday, April 12, 2018 7:30 am-5 pm
- Friday, April 13, 2018 7:30 am-12 pm

\*\*Please note that cash will not be accepted as a form of payment.\*\*

## Why Does My Name Badge Have a List of Workshops On It?

If you pre-register, you will receive your name badge and confirmation letter in the mail. Your name badge serves as your ID card for the conference by admitting you to all workshop sessions and special events. Your badge indicates the workshops you pre-selected to attend. DO NOT LOSE YOUR CONFERENCE NAME BADGE. If you lose your name badge, please contact the WVECTCR office at 304-529-7603 or 888-983-2827 as soon as possible. If you are unable to call, please go to the conference registration area designated "help line." Conference committee members will be available to help you with any

questions you might have regarding this process. Help us reduce waste by recycling your badge holder. Just drop it off at the registration area with your overall conference evaluation in the designated box before leaving the conference.

## How Can I Receive Credit for Continuing Education Units (CEUs)?

During each workshop, presenters will pass around a CEU sign-in sheet. You must complete this sign-in sheet in order to receive full credit for attendance. Please see page 6.

## Are There Stipends Available?

Stipends are available for PARENTS OF CHILDREN WITH SPECIAL NEEDS BIRTH THROUGH 8 and CHILD CARE PROVIDERS who are unable to receive financial support from their affiliated agency. Stipends will be available beginning February 26, 2018. As part of receiving stipend support to attend the conference, stipend recipients will be asked to monitor one or more of their sessions. Monitoring includes assisting the presenter as needed (if requested), passing out attendance sheets, etc. Monitors will receive an instruction sheet with all the directions needed to complete this task and a list of the assigned sessions.

If you are interested in applying for a stipend, please contact LeAnn Ruddle at West Virginia Early Childhood Training Connections and Resources (WVECTCR) at 304-529-7603 or 888-983-2827 for eligibility and award amounts. Stipends are available on a first-come, first-serve basis and funds are LIMITED. Stipends will be awarded based upon number of days of attendance. Child care centers will be limited to 3 stipends. WVECTCR reserves the right to decline an application for a stipend at any time. If you receive a stipend and are unable to attend the conference, please let WVECTCR know immediately so the funds can be allocated to someone else.

# Conference Notes & General Information

## Reading the Workshop Descriptions

Workshop descriptions explain the presentation content and identify who benefits most from each workshop. Participants are encouraged to read each description thoroughly before making final selections.

The word LIMITED means the presenter has asked for the number of participants to be limited. The conference committee respects this limit in order to enhance the learning environment. Register as early as possible to maximize your chances of getting the workshop you want. All other workshop limits are based on the audience seating capacity of the room (based on fire safety code). Workshops will close when room capacity is reached.

In an effort to help you make informed decisions, each presenter has indicated the training content targeted area for each session. Please use the following legend to help you choose your sessions:

### Training Content Targeted Area:

- I - Infants
- T - Toddlers
- P - Preschoolers
- S - School Age
- M - Mixed Age Groups
- SN - Children with Special Needs
- A - Adults (content not applicable to a child's age)
- HV - Home Visitation

## One Day Institutes and Concurrent Conference Sessions

One day institutes are in-depth, practical workshops scheduled for 6 hours on Wednesday. Concurrent sessions are 3 hours offered in the morning and afternoon on Wednesday and Thursday afternoon. Shorter 1.5 hour concurrent sessions are also offered on Thursday morning,

and Friday morning and afternoon.

## WV Core Knowledge and Competencies

West Virginia's Core Knowledge and Competencies for Early Childhood Professionals are a core body of knowledge relating to the developmentally appropriate, family-centered, and child-nurturing practices needed by all those who care for and educate young children. The core competencies are necessary to promote the optimal development of all children, including those with special needs, and to address the needs of families. The workshops presented at the 2018 Celebrating Connections Conference meet contact hours for Early Care and Education Competencies and Infant/Toddler Mental Health Competencies.

## Continuing Education Units (CEUs)

The conference committee is working to receive approval for graduate credit (must attend 3 days of the conference) and CEUs in Social Work, Nursing, WV Birth to Three, WV STARS, Physical Therapy, Occupational Therapy, Speech Language Pathology, Counseling, and Professional Development Graduate Hours. For more information regarding CEUs, please visit our website, [www.wvearlychildhood.org](http://www.wvearlychildhood.org), or ask a conference staff member at the conference.

In order to receive CEUs for each session, you must be present for the entire session and sign the attendance sheets. Please note that in order to receive credit from WV STARS, you must sign in with your correct name and STARS number.

Use the CEU certificate in the back of this program to record your participation. Please review your CEU/licensing certification requirements before attending the conference. We hope this will be helpful to you when applying for credit when you return home.

Please do not give or send the conference com-

# Conference Notes & General Information

mittee any of your CEU forms or information. We do not submit your CEU forms to your licensing body. Monitors will not pass around attendance sheets until the last 15 minutes of the session, and no exceptions will be made to this rule.

## Smoking

Smoking is not permitted in the Charleston Civic Center.

## Fire Safety

To prepare for the unlikely event of a fire or other emergencies requiring rapid departure, please locate all exit doors and routes upon entering any room.

## Where Can I Eat Lunch?

A networking luncheon is planned for Wednesday through Friday of the conference. The buffet luncheon will be served at the Civic Center. The cost of the buffet is approximately \$12.00. There are also numerous restaurants within walking distance.

## Courtesy

Please be courteous to your fellow participants and presenters by turning off cell phones and limiting talking during presentations.

## Accommodations for Nursing Mothers

A room will be designated for nursing mothers who need to pump during the day. Please see the registration desk for more information.

## Evaluation/Feedback

The conference committee members do not get a chance to attend the sessions or participate in every conference-related activity. Therefore, we would like not only your suggestions, but your compliments, so we can discover what works and what should be changed. Please take time to complete the overall conference evaluation form so we can continue to produce a quality conference. We appreciate and value your feedback. 7

## Early Childhood Resource Lending Library (ECRLL)

The ECRLL is a statewide resource and lending library for early childhood providers. Be sure and visit the Exhibit Hall where a display of resource materials and resource lists will be available.

## Social Media

Keep up with everything Celebrating Connections related by following us on Facebook. We encourage you to use this social media outlet to keep up-to-date on exciting announcements leading up to the conference and to stay informed on any last minute changes during the week of the conference. By following us on Facebook, you could also get the chance to win a FREE conference registration for next year! Also, don't forget to use #wvcc18 when posting any photos or sharing information while at the conference for a chance to win a FREE conference registration.

## NEW for 2018!!

### Recharge Room

We invite you to visit our Recharge Room, which will be located in Room 201 on the second floor of the conference center. This is a space where conference participants can come to recharge their minds, bodies, and cell phones. Drop by and recharge your cell phone and relax for a little while with some upbeat music, stress relieving activities, and some fun! Allowing time for you to recharge, relax, and refocus can help you get the most out of all of your sessions.

# Making the Most of Your Registration

Follow these easy steps to ensure registration accuracy.

- Read program thoroughly.
  - Fill out the Conference Registration Form completely and accurately.
    - ✓ It is important to list the address where you want your name badge to be sent before the conference.
    - ✓ Please list a direct phone number, not the number to your regional office. If we have questions while processing your registration, we will need the specific phone number to contact you.
  - Mark 3 choices for each workshop session time.
    - ✓ As noted on the Conference Registration Form, you are to select three choices for each workshop session time. Because some of the sessions have participant limits, it is not always possible to fulfill your first request. Indicating additional choices will better your chances of attending a session of your choice.
- NOTE: IF YOU DO NOT INDICATE OTHER CHOICES, SESSIONS WILL BE ASSIGNED TO YOU.
- Attach check, credit card information, money order, or purchase order for payment.
  - Mail/submit registration form \_\_\_\_\_ (record date here for your records).
    - ✓ All early registrations must be postmarked by March 15, 2018.

## Conference Checklist

Consider bringing these items to the conference to make your experience enjoyable.

- ✓ Conference program
- ✓ Name tag and Confirmation Letter
- ✓ Comfortable clothing
- ✓ Sweater or jacket for cool rooms
- ✓ Comfortable shoes
- ✓ Change for vending machines
- ✓ Money to purchase lunch
- ✓ Notepad, pencil and pen
- ✓ Money for Exhibit Hall

**Be sure to make your hotel reservations!**

# WHAT'S NEW IN 2018?



## The RECHARGE Room

Visit our RECHARGE room to not only recharge your cell phone at our charging station, but relax and recharge your body and minds with some fun activities. Be able to walk into those afternoon sessions feeling refreshed! Located on the second floor in room 201.



Follow us on Facebook!

Stay up to date on conference announcements, last minute changes, and fun contests.

We are currently also working on an Instagram page as well!

Coming in 2019!

Use

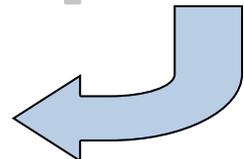
**#WVCC18**

When posting pictures at the conference for a chance to win a FREE conference registration!



**Instead of having just one Keynote Speaker on Friday, participants will have their choice to attend one of two Spotlight Speaker presentations in the morning. We hope that this provides more freedom for participants to choose the content that interests them.**

**Spotlight  
Speakers!**



# Wednesday, April 11, 2018

## One Day Institutes, 9:00 am-4:00 pm

A-1

### Conversations that Count: Supporting New Families

Level: Intermediate

ECE Core Knowledge: Family and Community Relationships; Health, Safety, and Nutrition; Professionalism and Leadership

ITMH Competency: Observation and Listening; Screening and Assessment; Life Skills; Family Relationships and Dynamics; Speaking

Training Content Targeted Area: A, HV

This interactive workshop is an innovative and pragmatic approach to discuss parental mental health and the challenge of parenthood. The emphasis is on prevention, early intervention, and building perceptions and understanding of depression. It will focus on current experiences working with new families in a variety of settings. Screening, definitions, signs and symptoms will be covered. This workshop provides an opportunity to imagine a positive future for new families through constructive conversations.

**Presenter: Jane Honikman, MS, Co-Founder, Postpartum Action Institute, Santa Barbara, CA**

A-2

### Using Reflection and Relationship to Build Cultural Competence

Level: Intermediate

ECE Core Knowledge: Family and Community Relationships; Professionalism and Leadership; Administration and Management

ITMH Competency: Cultural Competence; Building and Maintaining Relationships; Contemplation; Emotional Response

Training Content Targeted Area: M

All of us have a “culture” that comes from our families, communities, personal experiences, and relationships. Cultural competence begins with identifying one’s own cultural background and experiences, then progresses to an intentional commitment to learning about, appreciating, and respecting the cultures of others. This highly interactive session will present a set of challenging and stimulating activities that build skills and stretch your thinking about culture and inclusion.

**Presenters: Angela Tomlin, PhD, HSPP, IMH-E®, Indianapolis, IN and Denise A. Senter, M.A., LMHC, Indianapolis, IN**

A-3

### Using Play-Based and Routines-Based Observation to Examine Executive Function in Young Children

Level: Basic

ECE Core Competency: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment

ITMH Competency: Infant/Very Young Child Development and Behavior; Observation and Listening  
Training Content Targeted Area: M

Executive function develops at an incredibly rapid pace during the preschool years, beginning shortly after birth. Ellen Galinsky and others have highlighted executive function as a critical preschool skill necessary for later success. Yet, experts like Peter Anderson and Natalie Reidy tell us that few attempts are made to assess executive processes in young children. Dr. Thomas Brown, a psychiatrist at Yale University, believes that observing a person’s ability to perform self-managed tasks of everyday life provides a much better measure of executive function. Harvard’s Center on the Developing Child tells us that babies aren’t born with the essential executive function and self-regulation skills, but they are born with the potential to develop them. Therefore, it is imperative that we examine the executive functioning of young children in order to develop individualized plans to achieve these essential skills.

**Presenter: Barbara Kuczen, Professor Emeritus, Author, Early Childhood Consultant, Chicago, IL**

A-4

### Create Your Own Calm in a Sometimes Crazy World

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Child Observation and Assessment; Environment and Curriculum

ITMH Competency: Infant/Very Young Child Development and Behavior

Training Content Targeted Area: P

Early care and education professionals will learn how to use the positive behavior support system, with an emphasis placed on the Conscious Discipline Program. Brain states will be demonstrated so participants can understand how to maintain and promote self-regulation.

**Presenter: Jane Haddox, BA, Early Education Station, Director/Owner, Pt. Pleasant, WV**

A-5

The Impact of Trauma on the Developing Brain

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment; Environment and Curriculum

ITMH Competency: Infant/Very Young Child Development and Behavior; Attachment, Separation, Trauma; Grief, and Loss; Intervention/Treatment Planning

Training Content Targeted Area: P

This course is designed as an introduction to the core concepts of brain development. A primary focus is the impact of trauma, abuse, and neglect on the neurodevelopment of children ages 0 to 5 years, the period when the brain is developing most rapidly. The Neurosequential Model of Therapeutics™ will be introduced as a means of clinical problem solving for children who have experienced trauma during early childhood. Case conceptualization and treatment planning will be included.

**Presenter: Dawn O'Malley, Psy.D., NC Licensed Psychologist, ChildTrauma Academy Fellow, Charlotte, NC**

A-6

Reflective Supervision and Self-Care for the Home Visitor

Level: Intermediate

ECE Core Knowledge: Professionalism and Leadership

ITMH Competency: Contemplation; Self-Awareness; Emotional Response

Training Content Targeted Area: A, HV

Reflective supervision helps us to explore what is going on under the surface, but only if we use it effectively. This presentation, especially for home visitors, will explore why reflective supervision is so effective, how the trauma that families experience impact home visit-

ing work, what reflective supervision is, and the importance of the parallel process.

**Presenters: Kate Whitaker, National Director of Training & Professional Development, Healthy Families America and Lynn Kosanovich, Sr. Regional Director of Training & Professional Development, Healthy Families America, Alexandria, VA**

Be sure to visit our new Recharge Room! Located in Room 201. Come recharge your mind, relax your body, and refocus your energy!

Exhibit Hall hours:  
Wednesday  
7:30 AM-4:30PM

Thursday  
7:30 AM-5 PM

Friday  
7:30 AM-3:30 PM

# Wednesday, April 11, 2018

## Three Hour Sessions

### 9 am-12 pm

B-1

#### Growing Healthy Kids in the Early Care and Education Setting

Level: Basic

ECE Core Knowledge: Health, Safety, and Nutrition

ITMH Competency: None

Training Content Targeted Area: M

Early childhood is a critical time for developing healthy habits that prevent childhood obesity. Children from 0-5 years are developing taste preferences, learning to walk and play, and imitating both healthy and unhealthy behaviors of their caregivers. Child care providers are in a unique position to provide healthy nutrition and play environments for the children in their care, model healthy behaviors, and educate parents about healthful eating and activity habits. This session will discuss the current childhood obesity epidemic and the role that early care and education programs play in reversing the childhood obesity trend.

**Presenter: Jamie Jeffery, MD, Pediatrician, Medical Director of Healthy Kids Wellness and Weight Management Program; Director of KEYS 4 Healthy Kids, South Charleston, WV**

B-2

#### ECPBIS and the Link Between Social and Emotional Development

Level: Basic

ECE Core Knowledge: Child Growth and Development; Environment and Curriculum

ITMH Competency: Infant/Very Young Child Development and Behavior

Training Content Targeted Area: P, SN

This three hour course will overview the principles and key features of ECPBIS and discuss how social and emotional development is encouraged in all children via ECPBIS methods and strategies.

**Presenter: Amy Carlson, Ed. D. CCC-SLP, WVATC, Huntington, WV**

### 1-4 pm

C-1

#### Continuing a Conversation About Race and Other 'isms'

Level: Basic

ECE Core Knowledge: Professionalism and Leadership

ITMH Competency: Self-Awareness; Cultural Competence

Training Content Targeted Area: A

Although this session builds on work from 2017, we encourage anyone and everyone to attend. This session will allow participants to explore race and other 'isms' from a perspective other than their own. Come prepared to listen, to learn, and to share in a respectful, safe, and facilitated environment.

**Presenters: Crystal Good, Artist, Advocate, Entrepreneur, Charleston, WV; Briana Martin, Covenant House, Charleston, WV; Leslie Stone, Stone Strategies, LLC, Cross Lanes, WV**

C-2

#### "I Have Something to Say!" - Speech-Language Pathologists and Preschool Teachers Working Together to Give All Children Opportunities to Communicate

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment; Environment and Curriculum; Professionalism and Leadership

ITMH Competency: Service Delivery Systems

Training Content Targeted Area: SN

This session will describe how the preschool teacher and speech-language pathologist can work together to create an environment rich in opportunities to participate and communicate for all children. During this presentation several strategies such as aided-language stimulation, providing visual supports and using low tech to no tech augmentative communication will be demonstrated and practiced during hands-on activities. A make and take session will be done at the end of the presentation in order to provide low tech augmentative communication alternatives, 3 lessons, and classroom visual supports.

**Presenters: Lee Ann Brammer, MA, CCC-SLP, Coordinator, West Virginia Department of Education, Charleston, WV; Libby Simmons, MA, CCC-SLP**

# Keynote Presentation

Thursday, April 12, 2018  
8:30-10:00 am  
South Hall

## “Interactive Stories, Songs, and Organized Movement”

**Presented by Jennifer Daniels, MA, Performing Songwriter, Music-and-Movement Educator with The Learning Groove, Assistant to Eric Litwin (original author of Pete the Cat), Lookout Mountain, GA**

In this interactive concert setting, Jennifer will teach participants stories, songs, and organized movement activities, and how to make them engaging for young children. Preschool and school age teachers will benefit from learning how to make this material, and all material, interactive. The songs and stories are original, or from people Jennifer works with, such as Eric Litwin and The Learning Groove. Participants will be asked to move and actively engage. No musical expertise necessary.

Jennifer Daniels, a writer and performer out of Lookout Mountain, Georgia, ushers teachers through training for The Learning Groove music -and-movement curriculum, and works as an assistant to Eric Litwin (original author of Pete the Cat). She has a masters degree in counseling and certification in Autism Movement Therapy. Jennifer has released seven original



music albums, and one children’s album and picture book. She performs at schools, libraries, and festivals, and offers workshops for educators and librarians. Find out more at [www.JenniferDaniels.com](http://www.JenniferDaniels.com).

# Thursday, April 12, 2018

## Concurrent Morning Sessions, 10:30 am-12:00 pm

D-1

### Let's Have a Ball

Level: Intermediate

ECE Core Knowledge: Child Growth and Development

ITMH Competency: None

Training Content Targeted Area: T, P, M, SN

With a small ball we can work on coordination, range of motion, balance, and brain activity. It can even help get rid of some of the extra energy children have during rainy days. You can even get some good cardio activities. Get the kids active and have some fun!

**Presenter:** Janelle St. Martin, EIPA, NAD, S.N.H.S. Dip. Color Therapy, Mentor Interpreter for the Department of Education, CEO of WeSign 2, Bridgeport, WV

Training Content Targeted Area: A, HV

Participants will be engaged to discuss common misconceptions surrounding poverty and how belief systems can hinder our relationships with families being served through home visitation. Participants will explore statistics and fraud in West Virginia, and learn how decision making skills, prioritizing, and certain behaviors are different from societal standards with those in poverty. Participants will discover how the brain is changed in poverty due to issues like exposure to toxins and chronic stress. Participants will also discuss creative ways to overcome these challenges of working with families in poverty.

**Presenter:** Stephanie Barnett, LSW, MAED, MIHOW Supervisor, Northern Panhandle Head Start, Inc., Wheeling, WV

D-2

### Impact of Parental Depression on Children

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Health, Safety, and Nutrition; Administration and Management

ITMH Competency: Family Relationships & Dynamics

Training Content Targeted Area: M

This presentation will discuss perinatal mood and anxiety disorders (PMADs) and their impact on parent, child, and family. Topics include the range of PMADs, the risks of untreated PMADs, how to screen parents for PMADs, and the steps for recovery. Although the presentation is specifically focused on mental health issues during pregnancy and first year postpartum, the impact of mental health issues in parents is a concern across the lifespan of the child. Target audience for this presentation are those with "touchpoints" with women during pregnancy or first year of infant's life.

**Presenter:** Adrienne Griffen, MPP, VA

D-4

### Utilizing Children's Literature in Developing STEM and STEAM Activities

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Environment and Curriculum

ITMH Competency: None

Training Content Targeted Area: P

The Glenville State College Early Education Student Group will share a variety of hands on learning activities to enhance young children's cognitive skills. Activities will be connected to children's literature. The presenters will share activities for enhancing language and literacy, math, science, art, music and movement, physical education, and wellness. Ideas for developing STEM and STEAM related activities will also be shared. Activities will focus on creativity and will be developmentally appropriate for preschool and kindergarten aged children and will include connections for families. These activities will be interactive for participants. Handouts will be available.

**Presenters:** Connie Stout O'Dell, MA, Director of Field Experiences, Glenville State College, Glenville, WV and Shelly Ratliff, EdD, Associate Professor of Education, Glenville State College, Glenville, WV

D-3

### Misconceptions of Poverty

Level: Basic

ECE Core Knowledge: Family and Community Relationships

ITMH Competency: Cultural Competence

D-5

**More Than Cues: Using Visual Supports to Facilitate Learning and Self-Regulation**

Level: Basic  
ECE Core Knowledge: Environment and Curriculum  
ITMH Competency: None  
Training Content Targeted Area: M

Well implemented visual supports provide the necessary structure, permanence, and predictability of process to allow learners from pre-school through school-age and beyond to navigate tasks and environments, understand expectations, demonstrate increased engagement, and improve self-awareness and self-regulation. This session will briefly unwrap the purpose, research basis, and implementation guidelines for various visual supports including visual schedules, token economy tools, and social narratives. Ample exercises of variations of these tools will be shared. Participants will have the opportunity to make multiple tools including a between activity schedule, within activity schedule, and token economy tool. Templates for an interactive social script will also be provided to assemble, time permitting.

**Presenter: Tabitha Jones-Wohleber, M.S., CCC-SLP, Communication AACtualized, LLC, Shepherdstown, WV**

D-6

**Healthy Connections Coalition at RV CARES: A Community’s Response to Help Substance-Exposed Babies and Their Families to Have an Equal Opportunity at a Full and Happy Life**

Level: Basic  
ECE Core Knowledge: Health, Safety, and Nutrition  
ITMH Competency: Community Resources  
Training Content Targeted Area: I, A

Healthy Connections Coalition represents a collaborative approach that encourages partnerships in recovery that educate families and the community about best practices and resources that work to improve the quality of family relationships.

**Presenter: Suzi Brodof, Executive Director, River Valley Child Development Services, Huntington, WV**

D-7

**Creative Arts for Learning and Growing**

Level: Intermediate  
ECE Core Knowledge: Child Growth and Development; Environment and Curriculum  
ITMH Competency: None  
Training Content Targeted Area: P

The training will provide information on how young children benefit from opportunities to engage in no-fail creative art activities. Directors, preschool teachers, toddler teachers, and family child care providers will see demonstrations of actual art activities they can provide for the children in their care. Early childhood trainers will also benefit from the information provided. Volunteer participants will demonstrate activities with crayons, liquid tempera paint and food coloring. The activities shown are also appropriate for school age children in after-school and summer programs.

**Presenter: Nancy Jane Cheshire, M.Ed., Early Childhood Professor Emeritus, Past SECA President, Bridgeport, WV**

D-8

**Stories, Songs, and Organized Movement: Emphasis on Children with Autism and Sensory Processing Disorders**

Level: Basic  
ECE Core Knowledge: Child Growth and Development; Family and Community Relationships  
ITMH Competency: None  
Training Content Targeted Area: S

In this interactive concert setting, Jennifer will teach participants stories, songs, and organized movement activities, emphasizing how they can be used to benefit and include kids with Autism and Sensory Processing Disorders. The songs and stories are original, or from people Jennifer works with, such as Eric Litwin and The Learning Groove, and experts in the field. Participants will be asked to move and actively engage. No musical expertise necessary.

**Presenter: Jennifer Daniels, MA, Performing Songwriter, Music-and-Movement Educator with The Learning Groove, Assistant to Eric Litwin (original author of Pete the Cat), Lookout Mountain, GA**

D-9

### Why Can't We Be Friends? Ethics in Home Visiting and the Use of Social Media

Level: Basic

ECE Core Knowledge: Professionalism and Leadership; Administration and Management

ITMH Competency: Ethical Practice

Training Content Targeted Area: M, HV

Home Visitors often form close relationships with families and maintain contact outside of scheduled visits. The increasing use of cell phones and social media has had a dramatic impact on the ways in which home visitors communicate with families and requires professionals to be aware of possible ethical issues with regard to using technology. This presentation will focus on ways in which home visitors can maintain professional boundaries and discuss guidelines to promote ethical use of social media. Case examples will be incorporated to highlight the discussion.

**Presenters:** Christine Raches, PsyD, HSPP, IMH-E® (IV), Infant Mental Health Mentor, Riley Child Development Center - LEND Program at Indiana University School of Medicine and Elesia Hines, PsyD, HSPP, Riley Child Development Center - LEND Program at Indiana University School of Medicine, Indianapolis, IN

D-10

### Yoga in the Classroom: Yoga for Everybody and Every Body

Level: Basic

ECE Core Knowledge: Child Growth and Development; Environment and Curriculum

ITMH Competency: None

Training Content Targeted Area: S, SN

The 5 W's of incorporating yoga strategies in your classroom. This course will discuss techniques for adding yoga to your classroom routines for a variety of ages and abilities. During this course, you will learn when and where to use yoga, why yoga is important, who will benefit, and what materials or resources will be helpful. Most importantly, you will learn how to introduce these techniques to your students and even for yourself. An overview of a variety of age ranges will be presented so you can adapt these techniques to the appropriate level of your students.

**Presenter:** Mary Luckini, OTR/L, Occupational Therapist, Jefferson County Schools, Harper Ferry, WV

D-11

### Healthy Eating in Infants and Young Children

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Health, Safety, and Nutrition

ITMH Competency: None

Training Content Targeted Area: I, T, P

Participants will recognize the link of growth and development to healthy eating habits in infants, toddlers and preschool-age children. Participants will understand how normal eating behaviors impact growth and development along with suggestions for picky eaters and other challenging situations. Participants will also recognize the importance of WV WIC Program to provide healthy foods for eligible infants and toddlers.

**Presenter:** Emma Walters, MS, RDN, LD, WV WIC Program, Nutrition Education Coordinator, Charleston, WV

D-12

### Building Bridges for Community Impact

Level: Intermediate

ECE Core Knowledge: Professionalism and Leadership; Administration and Management

ITMH Competency: Collaborating

Training Content Targeted Area: A, HV

This workshop will engage participants (family child care workers, home visitors, supervisors, administrators, etc.) in interactive learning experiences to increase understanding, capacity, and action around regional/local collaboration. Participants will better understand the importance of collaboration in general and specifically leveraging new partnerships to reach common desired outcomes and gain support from funders. The session will address the "nuts and bolts" of collaboration and community-level work, the importance of working together in a rapidly changing environment, the "collective impact" approach, and engaging in collaborative team work for greater impact and results. It's just like MAGIC (Making A Great Impact Collectively)!

**Presenter:** Bruce E. Decker, Owner, Collective Impact, LLC, Huntington, WV



# Thursday, April 12, 2018

## Concurrent Afternoon Sessions, 1:30 pm-4:30 pm

E-1

### What Happens to Children When Parents Go To Prison

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Environment and Curriculum

ITMH Competency: Attachment, Separation, Trauma, Grief and Loss; Family Relationships & Dynamics

Training Content Targeted Area: M

The US incarcerates more people than any other country. People who are incarcerated are just as likely to be parents as anyone else; therefore, literally millions of US children have a parent in prison or jail. When parents are in prison or jail, children experience significant stressors and changes that can affect their behavioral and emotional status. This session will review the effects of parental incarceration on young children and explain how early childhood professionals can make a difference through positive relationships.

**Presenter: Angela M. Tomlin, PhD, HSPP, IMH-E®, Director, Riley Child Development Center, IN**

E-2

### Sign Language with Books and Music

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Environment and Curriculum; Professionalism and Leadership

ITMH Competency: None

Training Content Targeted Area: T, P, M, SN

Story time is a great time to use Sign Language with Hearing Children. We will go through some children's books, show the signs, read the story, and do the signs. We will also use sign language with some songs and nursery rhymes.

**Presenter: Janelle St. Martin, EIPA, NAD, S.N.H.S. Dip. Color Therapy, Mentor Interpreter for the Department of Education, CEO of WeSign2, Bridgeport, WV**

E-3

### Building Foundations for Economic Success in Young Children and Adults in Appalachia

Level: Basic

ECE Core Knowledge: Child Growth and Development

ITMH Competency: Cultural Competence

Training Content Targeted Area: M

Did you ever wonder why some people are more economically successful than others? It turns out research shows there is a set of beliefs and behaviors that allow people to eagerly learn new skills and solve problems. That leads to opportunities to earn more money. Come explore these values and their connection to Appalachian culture and history. Leave with activities to use with young children and their parents.

**Presenter: Leslie Stone, MA, Owner, Stone Strategies, LLC, Cross Lanes, WV**

E-4

### Engage Them: Strategies to Spark Learning and Communication

Level: Intermediate

ECE Core Knowledge: Environment and Curriculum

ITMH Competency: None

Training Content Targeted Area: M

Learning emerges from engagement in social-emotional experiences. Engagement influences learning (for better or worse) in 3 notable ways: emotionally, behaviorally, and cognitively. It then follows that authentic learning is impacted by the level and nature of engagement. This session will provide a framework for understanding how various tools, strategies and beneficial mindsets foster engagement in preschool and grade-school settings. The role of presumed competence and the importance of communication will be discussed as important foundations for fostering engagement. Additionally, considerations related to sensory needs that shape a child's availability for learning will be explored. Barriers to engagement and the pros and cons of technology tools will also be outlined to bring a holistic breadth of understanding to this topic.

**Presenter: Tabitha Jones-Wohleber, M.S., CCC-SLP, Communication AActualized, LLC, Shepherdstown, WV**

E-5

**Moving and Learning Strategies to Increase Instructional Support**

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Environment and Curriculum

ITMH Competency: None

Training Content Targeted Area: P

This session will provide physical activity strategies that improve teacher-child interactions and promote higher order thinking. Components of the *I am Moving, I am Learning (IMIL)* initiative and CLASS will be highlighted; however, this is a great session for providers who may not have previous training with either of these tools. Come experience all new songs and activities to integrate movement based learning experiences into your daily routine while focusing on instructional support. Be prepared to laugh and have fun while getting down to something called the Pre-K-Nae-Nae! “Now watch me whip! Now watch me nae-nae!”

**Presenter: Brandon Williams, MA, Education Consultant, Early Childhood TLC, Pittsburgh, PA**

E-6

**TBI and Challenging Behaviors in Children**

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Health, Safety and Nutrition

ITMH Competency: Infant/Very Young Child Development and Behavior

Training Content Targeted Area: M

This training focuses on identifying difficult behaviors in children survivors of TBI and techniques to respond to individuals behaviors.

**Presenter: Sara Miller, TBI Specialist, MPH, CBIS, Huntington, WV**

E-7

**Advancing Development by Living Full Out**

Level: Intermediate

ECE Core Knowledge: Family and Community Relationships

ITMH Competency: None

Training Content Targeted Area: A

Nancy Solari will introduce Living Full Out and its virtues of community, leadership, versatility, and purpose. She will lead the audience to a better understanding of the role they play in the early childhood community. Nancy will encourage the attendees to develop a more versatile mindset so as to meet the needs of their students and their respective companies. Nancy will inspire leadership by highlighting the need for the development of skills that allow for counselors to connect with children of the age ranges preschool to preadolescence through education. Opportunities for cooperative networking will be made known to the audience so as to ensure that the necessary resources and ideas to ensure student growth are exchanged. Nancy will then conclude with time for reflection on how fulfilling connections and superior education can be fostered by Living Full Out.

**Presenter: Nancy Solari, CEO/Founder, Living Full Out, Santa Monica, CA**

E-8

**ECPBS Detectives: Decoding Everyday Behaviors**

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment; Environment and Curriculum

ITMH Competency: Observation and Listening; Infant/Very Young Child Development and Behavior

Training Content Targeted Area: P

Challenging behavior is an obstacle that many educators and families struggle with. It not only hinders education, it creates barriers for families and children causing immense stress for all involved. While challenging behavior can be difficult to decrease, you can use your super sleuth skills to decode children’s actions to find the “why” behind challenging behaviors and choose the right course of action to solve the case. This presentation is geared to preschool children.

**Presenters: Tracee Hinkle, M.A., Positive Behavior Support Coordinator, Playmates Preschools and Child Development Centers, Inc., Barboursville, WV and Amanda Perdue Kent, B.A., Site Director, Playmates Preschools and Child Development Centers, Inc.**

E-9

**Working with Difficult Families: Lessons in Self-Care for Early Childhood Providers**

Level: Basic

ECE Core Knowledge: Child Growth and Development;

Family and Community Relationships; Professionalism and Leadership; Administration and Management  
ITMH Competency: Emotional Response; Building and Maintaining Relationships  
Training Content Targeted Area: M

Working with very young children and their families is often a rewarding and fulfilling experience. However, many families in need of services have encountered significant stress, trauma, and mental health problems. Research has shown that helping professionals can be negatively impacted by working with families who have experienced these challenges. This presentation will focus on the issues of stress, burnout, and compassion fatigue as a result of working with difficult families. Risk factors that contribute to burnout and stress will be discussed. Suggestions and strategies for prevention and intervention will be presented, including the importance of self-care and reflective supervision.

**Presenters: Christine Raches, PsyD, HSP, IMH-E® (IV) Infant Mental Health Mentor, Riley Child Development Center - LEND Program at Indiana University School of Medicine, Indianapolis, IN and Elesia Hines, PsyD, HSP, Riley Child Development Center - LEND Program at Indiana University School of Medicine, Indianapolis, IN**

E-10

### Environmental Experiences for Early Childhood - WV Project Learning Tree

Level: Intermediate  
ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment; Environment and Curriculum; Health, Safety, and Nutrition  
ITMH Competency: None  
Training Content Targeted Area: T, P, S

This workshop introduces formal and non-formal educators to Project Learning Tree's (PLT) Environmental Experiences for Early Childhood activity guide, and helps educators prepare for facilitating activities with young learners. Participants will receive the Environmental Experiences for Early Childhood activity guide which includes over 130 experiences that engage children in outdoor play and exploration and is specifically designed for educators who work with children ages three to six. Topics include exploring nature with five senses, meeting neighborhood trees, and experiencing the trees through the seasons. An accompanying music CD features songs from children's musician Billy B. Brennan that encourages children to sing, dance, and move.

**Presenters: Linda Carnell, Project Learning Tree, Statewide Coordinator, WVDOF, Romney, WV; Tom Oxley, Forester/PLT Facilitator, WVDOF, Charleston, WV; Andy Sheetz, Urban Partnership Coordinator/PLT Facilitator, Charleston, WV; Devin Wanner, USFS, Public Affairs Specialist/PLT Facilitator, Morgantown, WV**

E-11

### How Professionals Can Collaborate Together and With Families to Provide Comprehensive Support to Recovery

Level: Basic  
ECE Core Knowledge: Family and Community Relationships; Health, Safety, and Nutrition  
ITMH Competency: Service Delivery Systems  
Training Content Targeted Area: A

In homes where young families are experiencing substance abuse or are in early recovery, many different service providers are often in and out of the home, or families are in and out of multiple offices daily. Home visitors can provide a bridge between medical and therapeutic services and families with their unique, non-threatening and supportive role for the family. Our panel will exist of a variety of agencies likely to be involved with families in treatment, from medical care to criminal justice. Panel members will help explain how they are involved with the family, their role in the family and the services they provide. Then join the discussion on how to build collaborative relationships with service providers and families to support all aspects of a family's needs.

**Presenters: Jessica Zukowski, BA, New River MIHOW Home Visitor, Group Leader & Data Specialist, Fayette County, WV; Dr. Juddson Lindley, MD; Jennifer Smith, MSW; Jaime Cantley, MHA, ADC-S, CCM, NCAC2, SUD Residential Admin. Director, FMRS; Emily Reel, SUD Clinical Supervisor, FMRS; and Cindy Chamberlin, MSPT, WV Birth to Three Physical Therapist, School Based Physical Therapist- Clay County Schools, WV**

**Don't forget to post pictures and videos while at the conference to Facebook or Instagram using hashtag #wvcc18 to win a chance for a FREE conference registration!**



South Hall

# Spotlight Speakers

Friday, April 13  
8:30-10 a.m.



Little Theater

“Curing Adulthood: Your Prescription for Less Stress and More Success”

**Jason Kotecki, CSP, BA, Founder of Escape Adulthood, Madison, WI**

Adulthood is an epidemic that is coming hard after us every single day. It can infiltrate even the best working environments, producing stress and instigating burnout. Left unchecked, Adulthood will eat your productivity, teamwork, and morale alive. Surrender need not be an option, however. In this light-hearted but hard-hitting program, Jason will arm people with the fresh perspective they need to reclaim their passion and create a better harmony between work and home. He provides witty observations, humorous anecdotes, and real-world techniques that will entertain and inspire the audience to live a richer, more balanced life. They'll learn easy, practical tips for bringing more fun and less stress to the job at hand, contributing to a work environment that's more enjoyable and engaging for themselves AND those they serve. Adulthood may be a formidable foe, but Jason can help you annihilate it.

A master at exposing the rules that don't exist that limit our success, Jason uses his extraordinary artistic gifts, combined with humor and memorable storytelling, to spark intentional thinking that leads people to become more engaged and resilient in times of continuous change. Attendees always leave affirmed and encouraged, with a renewed energy to implement all of the new ideas Jason will share.

“Touchpoints: Building Families, Strengthening Communities”

**Joshua Sparrow, MD, Director, Brazelton Touchpoints Center, Boston, MA**

Raising children has always been stressful, but today's families face more challenges than ever before. Home visitors, family child care providers, center based early education providers, and preschool can help support families of infants, toddlers, and preschoolers. Rising costs in the face of stagnating wages; lack of affordable, quality child care for parents who work outside the home; and fragmented communities are facts of life which negatively affect us all. The paths which we know help children thrive and families succeed in the midst of these challenges—strong emotional bonds with adults in a child's early years, children who enter school ready to learn and access to education, jobs that pay livable wages, affordable health care, quality child care, and thriving community support systems – are eroding faster than we can rebuild them.

Joshua Sparrow, M.D., DFAACAP, is director of the Brazelton Touchpoints Center in the Division of Development of Medicine at Boston Children's Hospital, where he also holds an appointment in Department of Psychiatry. At the Brazelton Center, his work has focused on cultural adaptations of family support programs, organizational professional development, cross-sector collaboration, and aligning systems of care with community strengths and priorities.

# Friday, April 13, 2018

## Concurrent Morning Sessions, 10:30 am-12:00 pm

F-1

### Relationships Matter: Reach Children with Challenging Behaviors and Build Their Prosocial Skills

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Environment and Curriculum; Professionalism and Leadership

ITMH Competency: Observation and Listening

Training Content Targeted Area: P

Warm, caring relationships are fundamental for children's success in school and life. Yet children's challenging behavior can prevent teachers from providing them with a nurturing learning environment. Learn preventive and responsive strategies that foster positive relationships, build social competencies, self-regulation, coping skills, and problem-solving abilities. Evidence-based practices for interacting with all children, especially those with challenging behaviors, will be shared, including listening with intention, validating and accepting children's ideas, feelings, and experiences, and responding to each child's unique needs. As children acquire these new skills there is a marked shift from anti-social and aggressive behavior to self-management and prosocial behavior. This session is geared for teachers, directors, and family child care providers of children of preschool and early elementary age, as well as coaches and mentors working with early educators.

**Presenter: Mary Lynn White, National Outreach Specialist and Trainer, Wingspan, Glen Allen, VA**

F-2

### Thinking Outside the Box with Behavior: Transforming with Calming Spaces

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Child Observation and Assessment; Environment and Curriculum; Health, Safety, and Nutrition; Professionalism and Leadership

ITMH Competency: None

Training Content Targeted Area: SN

Lincoln County Schools has seen a dramatic increase of difficult behaviors in our younger students. Through the SAT process and WVBTT transitions, we discover, more often than not, the children were exposed to drugs, abuse, or neglect; are in the state's custody within foster care; or were adopted out of foster care. At

an elementary school that had the highest percentage of at-risk students, we built a "calming space." Along with several other measures within a trauma-informed approach, these calming spaces have given our educators another option to have a student calm themselves and return to class. This presentation will discuss the issues that caused Lincoln County to develop a trauma-informed approach, the different pieces of the trauma-informed approach that are used, how calming spaces are built, and the successes and challenges we have faced.

**Presenters: Rikki McCormick Lowe, EdD, Director of Special Education, Lincoln County Schools, Hamlin, WV and Meridith Ramey, M.A., Preschool Special Needs, Lincoln County Schools, Hamlin, WV**

F-3

### A Sad Mad Glad World: Providing Kids Character for the Future

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships

ITMH Competency: None

Training Content Targeted Area: S

The interactive workshop discusses how "The Sad Mad Glad Book" series uses common body idioms and American folk wisdom to teach children (and remind adults) of the importance of a positive attitude, the principles of strong citizenship, and the life-long value of helping others. This discussion produces the following learning outcomes:

- An interactive discussion/exercise will allow participants to determine how important they feel a positive attitude is in building character and determining overall long-term success.
- Participants will learn how to use The Sad Mad Glad Book series and its "Tips for Teachers" learning guide to incorporate character education and 21st Century Learning Objectives into everyday reading and/or special curriculum.

**Presenters: Chuck Stump, Four Dolphins Press, Co-Author, Scott Depot, WV and Jim Strawn, Four Dolphins Press, Co-Author, Charleston, WV**

F-4

### Resources for Students with Sensory Impairments

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships

ITMH Competency: Service Delivery Systems

Training Content Targeted Area: P, S, SN

Resources will be provided for those working with young children who have sensory impairments and their families. This presentation will hopefully allow early childhood professionals to provide parents, community members, and practitioners who work with children and toddlers who have sensory impairments, information and resources which may assist them in improving the child's opportunities to learn and achieve developmental milestones.

**Presenter: Wendy Garrison, Dot One Three Vision Services, Co-Owner, Red House, WV**

F-5

### First Person First: Cultivating Habits for Self-Care (Part 1)\*\*

Level: Basic

ECE Core Knowledge: Health, Safety, and Nutrition

ITMH Competency: Self-Awareness

Training Content Targeted Area: A, HV

In today's fast paced world, completing tasks and serving others are the forces that drive social service professionals. We take on more with less resources, push through adversities and challenges, and give endlessly of our time and talent. Rarely do we focus on our own care or even recognize that it is needed. This program highlights the importance of self-care in social service professionals and provides participants with approaches to customize their self-care and also equips them with tools to share with Family Child Care and home visitation program participants. **Two part class.**

**Presenter: Monica Ashford, M.A., Wellness and Fitness Coach, Charleston, WV**

F-6

### "Through Her Eyes"

Level: Intermediate

ECE Core Knowledge: Family and Community Relationships; Health, Safety, and Nutrition

ITMH Competency: Supporting Others  
Training Content Targeted Area: A, HV

Recovery is possible! What does long term recovery look like? Join a round table discussion on addiction and recovery. Hear one woman's personal journey in recovery and how it shapes the work she does. What can home visitors, group leaders, and early childhood professionals do to support families on the road to recovery?

**Presenter: Jessica Zukowski, BA, New River MIHOW Home Visitor, Group Leader & Data Specialist, Fayette County, WV**

F-7

### Touchpoints: Development in the First Three Years

Level: Intermediate

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Professionalism and Leadership

ITMH Competency: Infant/Very Young Child Development and Behavior

Training Content Targeted Area: I, T, P, A

Recent attention to the brain research of the past 30 years has called attention to the unique opportunities and critical responsibilities for the care and education of infants, toddlers, and young children—by parents, home visitors, early childhood care and education providers and preschool teachers. However, over-emphasis on "brain stimulation" per se has led to misguided interventions that fail to take into account the central importance of human interaction in the developing brain. Research on emotional development demonstrates the early opportunities for learning in human interaction, as well as the emotional basis for learning from the beginning of life. State regulation, sensory threshold, face-to-face interactions and the model of mutual regulation, social referencing, symbolic thinking, and theory of mind are among the concepts that organize our current understanding of the role of human interaction in early emotional development, and, in turn, of early emotional development as the underpinning for social and cognitive development. These basic processes evolve and continue to be central to the process of engaging in relationships throughout life.

From the beginning of life, parents and professional caregivers can support the efforts of infants and young children to master the challenges of self-regulation, sensory processing, and social interaction—understand-

ing themselves and others. These most basic building blocks for successful learning can only be constructed in the context of children's relationships.

**Presenter: Josh Sparrow, MD, Director, Brazelton Touchpoints Center, Boston Children's Hospital, Boston, MA**

F-8

### Balancing Act: Overcoming Adultitis Amidst the Stress of Everyday

Level: Intermediate

ECE Core Knowledge: Health, Safety, and Nutrition; Professionalism and Leadership

ITMH Competency: Self-Awareness

Training Content Targeted Area: A

You were not designed to live a life that leaves you stressed out, worn down, and constantly running on empty. But in the crazy, fast-paced, technology-driven, always "on" world in which we live, there is more change, more choice, and more demands than ever before, pulling you in a million different directions. Maintaining a mindful and meaningful level of life balance is HUGE. And messing it up can wreak havoc with your career, your health, and your relationships. In this session, Jason will share insights that get to the heart of the problem and simple ideas for designing a balanced life that is less stressful and more fun.

**Presenter: Jason Kotecki, CSP, BA, Founder of Escape Adulthood, Madison, WI**

F-9

### PAWS to READ with Izzi: Our Journey with a Therapy Literacy Dog

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Child Observation and Assessment; Environment and Curriculum; Administration and Management

ITMH Competency: None

Training Content Targeted Area: S, SN

This presentation will provide an in-depth look into the process it took to acquire a therapy literacy dog in the Lincoln County School System. Discussion will include the positive impacts Izzi brings into schools, daycares, homes, and community activities, and what her job is in each place. The main focus will be on reading data and how the data we have acquired since last December, backs up research. It backs up research in providing

the positive reading gains made by identified children reading to Izzi.

**Presenters: Dionne Lucas, MA, Pre-K/Literacy Coordinator, Lincoln County Schools, WV; Beth Prichard, MA, Physical Education, West Hamlin Elementary, Lincoln County Schools; Tammy Midkiff, MA, First Grade Teacher, West Hamlin Elementary, Lincoln County Schools, WV**

**Don't forget to post pictures and videos while at the conference to Facebook or Instagram using hashtag #wvcc18 for a chance to win a FREE conference registration!**

**Be Sure to Save the Date for Celebrating Connections 2019**

**April 9-12, 2019  
Charleston Civic Center**

# Friday, April 13, 2018

## Concurrent Afternoon Sessions, 1:30 pm-3:00 pm

G-1

### Tag, You're It! Member of a Child's Education Team! Parents as Leaders

Level: Basic

ECE Core Knowledge: Family and Community Relationships

ITMH Competency: Building and Maintaining Relationships; Supporting Others

Training Content Targeted Area: M, A, SN

This session involves the parent's leadership role and the essential elements needed for a successful educational team about a child who has special needs. The presentation focuses upon professionals and parents who work together in order to provide a road map for a child's education. The key elements to building this successful team does not happen without preparing and having components necessary for guiding the educational road map. The information targets the adults (parents and professionals) who are creating an educational plan for a child with special needs from toddler to the school years. Parents and teachers share a leadership role in this process.

**Presenters:** Pat Elliott, West Virginia Parent Training and Information Trainer, WVPTI, Inc., Region I, WV and Brenda Lamkin, Executive Director of West Virginia Parent Training and Information, Inc, WV

G-2

### What is Infant Mental Health?

Level: Basic

ECE Core Knowledge: Child Growth and Development; Family and Community Relationships; Professionalism and Leadership

ITMH Competency: Infant/Very Young Child Development and Behavior; Professional/Personal Development

Training Content Targeted Area: A

Connecting the importance of promoting positive social and emotional development for all young children through responsive and nurturing relationships is critical. Learn about the various components of infant/toddler mental health and what the research shows about adverse childhood experiences. This session will also include an overview of the WV Infant Mental Health Competencies and Endorsement System.

**Presenters:** Sheila Zickefoose, MA, IMH-E®, Statewide ICC Coordinator, WVECTCR, River Valley Child Development Services, Buckhannon, WV and Michelle Rollyson, MA, Coordinator, WV Infant/Toddler Mental Health Association, TEAM for WV Children, Huntington, WV

G-3

### What Can We Do For Afterschool?

Level: Intermediate

ECE Core Knowledge: Environment and Curriculum; Professionalism and Leadership

ITMH Competency: None

Training Content Targeted Area: A

As a result of attending this session, participants will be able to enhance the quality of service to students, families, and partners while providing professional development and supporting policy changes. Attendees will be able to apply what they learned to their work by utilizing these ideas and strategies to incorporate into daily routines and into their Afterschool programs.

**Presenter:** Susan Gamble, Director, West Virginia Statewide Afterschool Network, Charleston, WV

G-4

### The Importance of Everyday Adaptations for Inclusion: A Parent Panel

Level: Intermediate

ECE Core Knowledge: Child Growth and Development

ITMH Competency: Service Delivery Systems

Training Content Targeted Area: SN

Children learn through active participation in everyday experiences. For children with developmental delay, providing access to those experiences can open a world for learning, playing, and establishing friendships. Through this parent panel you will hear the stories of four children and how their parents have incorporated low and high tech adaptations to assist their child in participating in everyday activities and routines at home, school, and community.

**Presenter:** Mel Woodcock, Facilitator, WV Birth to Three

## G-5

### First Person First: Cultivating Habits for Self-Care (Part 2)\*\*

Level: Basic

ECE Core Knowledge: Health, Safety, and Nutrition; Professionalism and Leadership

ITMH Competency: Self-Awareness

Training Content Targeted Area: A, HV

In today's fast paced world, completing tasks and serving others are the forces that drive social service professionals. We take on more with less resources, push through adversities and challenges, and give endlessly of our time and talent. Rarely do we focus on our own care or even recognize that it is needed. This program highlights the importance of self-care in social service professionals and provides participants with approaches to customize their self-care and also equips them with tools to share with Family Child Care and Home Visitation Program participants. **Two part class.**

**Presenter: Monica Ashford, M.A., Wellness and Fitness Coach, Charleston, WV**

## G-6

### Handle with Care

Level: Basic

ECE Core Knowledge: Family and Community Relationships; Environment and Curriculum; Professionalism and Leadership; Administration and Management

ITMH Competency: Community Resources

Training Content Targeted Area: M

This workshop offers innovative best practices for helping to mitigate the negative effects experienced by children's exposure to trauma and highlights a promising initiative (Handle With Care) between schools/child care agency, law enforcement and treatment providers. "Handle with Care" provides the school with a "heads up" when a child has been identified by law enforcement at the scene of a traumatic event. Schools are responding with interventions to help mitigate the trauma and mental health providers are relocating at the school to provide services. Handle with Care programs promote safe and supportive homes, schools, and communities that protect children, and help traumatized children heal and thrive.

**Presenter: Andrea Darr, WV Center for Children's Justice, Director, Charleston, WV**

## G-7

### Keeping WV Babies Safe: What Parents and Providers Need to Know Now

Level: Basic

ECE Core Knowledge: Health, Safety, and Nutrition

ITMH Competency: Community Resources

Training Content Targeted Area: I

This course, updated in 2018, will focus on the latest research, messaging and tools surrounding infant safe sleep and shaken baby syndrome prevention. It is intended for child care professionals, early Head Start providers, home visitors, and others who are working directly with expectant parents, and parents and caregivers of infants under one year of age.

**Presenters: Becky King, MA, Coordinator, Our Babies: Safe and Sound, TEAM for WV Children, Charleston, WV and Nonie Roberts, BA, Partners in Community Outreach Training Specialist, TEAM for WV Children, Charleston, WV**

## G-8

### Community Action Poverty Simulation (CAPS)

Level: Basic

ECE Core Knowledge: Family and Community Relationships; Professionalism and Leadership; Administration and Management

ITMH Competency: Cultural Competence

Training Content Targeted Area: A, HV

Poverty is a reality for many individuals and families but unless you've experienced poverty, it's difficult to truly understand. The CAPS bridges that gap from misconception to understanding. CAPS is an interactive immersion experience. It sensitizes community participants to the realities of poverty. After the simulation, you will unpack your learning and brainstorm community change as a group. Together, you can be a voice to end poverty in your community that so frequently creates the social problems we all experience.

\*This simulation is not a game. It is based on the stories of real life Community Action clients.

**Presenter: Jackie Newson, Director – WV Home Visitation Program, Office of Maternal, Child, and Family Health, WV Department for Health and Human Resources, Charleston, WV**

G-9

### Sensory Solutions in the Classroom

Level: Basic

ECE Core Knowledge: Child Growth and Development

ITMH Competency: Infant/Very Young Child Development and Behavior

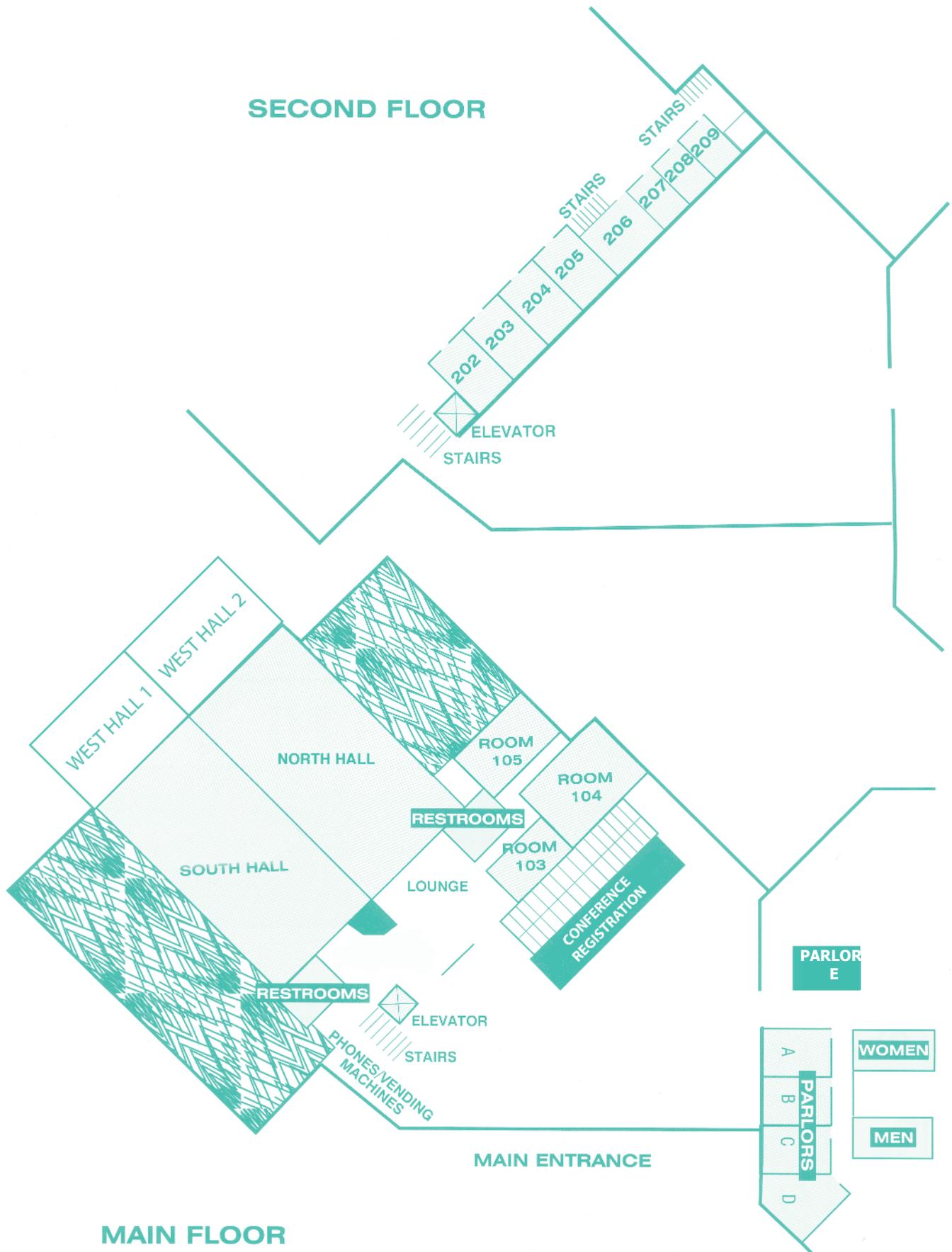
Training Content Targeted Area: SN

Have a child that just won't sit still? Having difficulty staying on task? Wondering why that child has a meltdown every day? Come on this journey and review the basics of sensory processing and how it may impact development, learning, and behavior. We need our bodies and our senses to process and learn. Learn how to transform your classroom for success and get practical solutions for staying on task, transition strategies, preventing meltdowns and more!

**Presenter: Cindy Terry, OTR/L Occupational Therapist/ Subject Matter Expert for School Specialty Early Childhood and Special Needs**

**Don't forget to have your  
CEU Reporting Form signed**

# Charleston Civic Center



# Conference Registration Information

## How Do I Get Started?

Please use the registration form on the next page to register. Feel free to copy the registration form for EACH INDIVIDUAL person. Please do not use one form for an entire agency or program.

Please indicate a first, second and third choice of workshops. If you only indicate ONE choice and that workshop is FULL, you will be assigned a workshop by the conference committee. Therefore, it is imperative you indicate alternative choices to ensure you will receive a workshop that is valuable to you.

Please fill out the registration form completely. Make sure you list a complete address or we will not be able to mail your name badge and confirm your registration. Please write the appropriate session letter and number found at the beginning of each workshop description.

## What Happens if My Workshop Is Full?

When your first choice workshop is full, you will receive your second choice, if possible. If your second choice is also full, your third choice will be assigned.

## How Do I Know What Workshops I Am Registered to Attend?

You will receive your name badge in the mail after you register. On the name badge, you will find your workshop assignments. If the workshops you are assigned were not your first choice, please understand your first choice was not available.

## What Are the Payment Procedures?

Registrations WILL NOT be processed without FULL PAYMENT (check, credit card, money order or purchase order). Payment MUST accompany your registration form or your registration will be mailed back to you UNPROCESSED. If you are attending the conference from an agency who has a central accounting office, please advise the office that payment or purchase order must be received with registration(s). Purchase orders must be paid upon receipt of invoice.

When sending payment, please indicate the name(s) of the participant(s) that are included in the payment. We want to make sure the correct participant(s) are credited. Please make payment to: River Valley Child Development Services (RVCDS).

## What Are the Benefits of Registering Early?

Registering early not only helps ensure workshop selec-

tions, but is also the greatest savings. You can save up to \$50.00 by registering early! Early registration deadline is March 15, 2018. Registrations must be POSTMARKED by this date or they will be returned UNPROCESSED. If your registration is unprocessed, you need to bring your registration and payment (check, credit card, money order, purchase order only) with you to the conference for on-site registration.

## What Do I Do if I Am Registering After March 15, 2018?

You will need to bring your registration form and check, credit card, purchase order or money order (cash will not be accepted) with you to the conference for on-site registration. Any registration forms sent to the WVECTCR office after March 15, 2018, will be returned UNPROCESSED.

## What Does the Registration Fee Include?

Registration fees include admission to conference workshops, Exhibit Hall and keynote presentations. The fee also includes your name badge and tote bag.

## Where Do I Send My Registration?

Please complete the registration form, attach payment, and send to WVECTCR, Attn: Celebrating Connections, 611 Seventh Ave., Ste. 322, Huntington, WV 25701.

## What Is the Cancellation/Refund Policy?

Cancellation or refund requests must be written and signed (fax accepted). A \$10 processing fee is assessed if received by Feb. 28, a \$15 processing fee if received between March 1-7, and a \$25 fee if received between March 8-14. No refunds available after March 15. The only exception will be if a state of emergency is issued by the Governor. Please allow 4-6 weeks for processing. Checks returned constitute failure to register and result in return of registration materials. You may re-register by credit card or money order. Bank charges incurred by Training Connections must be included. Purchase orders constitute payment and are subject to the refund policy.

## Where Do I Pick Up Conference Items?

At the conference, the PRE-REGISTERED LINE will be designated for people who have already received name badges and confirmation letters. The ON-SITE REGISTRATION LINE will be for people who need to register on-site. The HELP LINE will be for people who have questions or need to request a new name badge. There will also be a STIPEND LINE for those receiving stipends.



# Conference Registration Form

<b>Days</b>	<b>Early Bird Rate</b> (Postmarked by 3/15/18)	<b>On-Site Rate</b> (After 3/15/18) <small>Accepted at Civic Center Only</small>
<b>General Conference Institutes and Sessions:</b>		
<input type="checkbox"/> All Three Days	\$225	\$275
<input type="checkbox"/> Any Two Days	\$150	\$200
<input type="checkbox"/> Any One Day	\$75	\$125
<b>Wednesday All Day Institutes:</b>		
<input type="checkbox"/> A-1: <a href="#">Conversations that Count: Supporting New Families</a>		
<input type="checkbox"/> A-2: <a href="#">Using Reflection and Relationship to Build Cultural Competence</a>		
<input type="checkbox"/> A-3: <a href="#">Using Play-Based and Routines-Based Observation to Examine Executive Function in Young Children</a>		
<input type="checkbox"/> A-4: <a href="#">Create Your Own Calm in a Sometimes Crazy World</a>		
<input type="checkbox"/> A-5: <a href="#">The Impact of Trauma on the Developing Brain</a>		
<input type="checkbox"/> A-6: <a href="#">Reflective Supervision and Self-Care for the Home Visitor</a>		

**Workshop Selections: You MUST indicate 3 choices**

Choice: Please fill in the number next to the letter	Wednesday 9 am-12 pm (B1-B2)	Wednesday 1-4 pm (C1-C2)	Thursday 10:30 am- 12 noon (D1-D12)	Thursday 1:30-4:30 pm (E1-E11)	Friday 10:30 am- 12 noon (F1-F9)	Friday 1:30-3 pm (G1-G9)
FIRST	B	C	D	E	F	G
SECOND	B	C	D	E	F	G
THIRD	B	C	D	E	F	G

Payment method **\*\*Please make checks out to River Valley Child Development Services (RVCDS)\*\***

My payment method is:	Personal Check	Agency Check	Purchase Order	Money Order	Credit Card
Please fill in check # or PO # in the appropriate space	Check #	Check #	PO#	Check#	Type (circle one) Visa MC Discover (see below)

**Credit Card Information:**

Name on Card: \_\_\_\_\_ Card #: \_\_\_\_\_  
 Billing Address and Zip: \_\_\_\_\_  
 Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_ Signature: \_\_\_\_\_

# Hotel Rates and Reservations

All reservations for hotel accommodations should be handled directly with the hotels. Special room rates are available for conference participants at the following hotels throughout the event. The cut-off date for the discounted rate varies with each hotel. Please refer to the following information for specifics. Reservations made after the cut-off date will be subject to room availability, and group rates may not apply. Rates are subject to change.

Charleston Marriott  
 200 Lee Street East  
 (304)345-6500  
 \$129.00 plus tax  
 Cut-off date: March 19, 2018  
 Code: Celebrating Connections  
 WVDE

Embassy Suites  
 300 Court Street  
 (304) 347-8700  
 \$139.00 plus tax  
 Cut-off date: March 19, 2018  
 Code: Celebrating Connections

Holiday Inn Civic Center Express  
 100 Civic Center Drive  
 (855)729-5133  
 \$114.00 plus tax  
 Cut-off date: March 19, 2018  
 Code: CEC

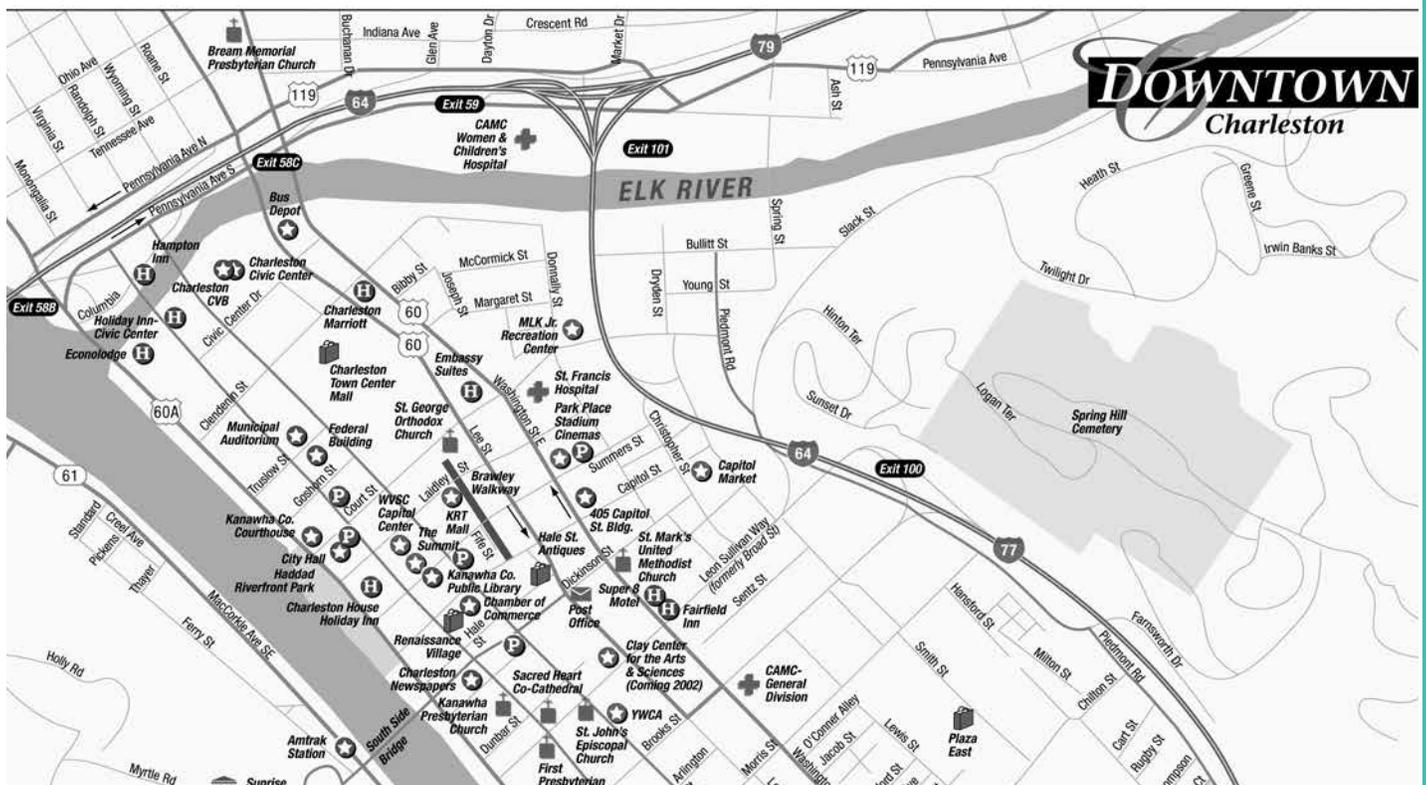
Charleston Capitol Hotel  
 1010 Washington Street, E  
 (304)343-4661  
 \$89.00 plus tax  
 Cut-off date: April 5, 2018  
 Code: Celebrating Connections

Four Points by Sheraton  
 Charleston  
 600 Kanawha Blvd, E.  
 (304)324-4409  
 \$119.00 plus tax  
 Cut-off date: March 10, 2018  
 Code: Celebrating Connections

Holiday Inn and Suites  
 400 Second Avenue  
 (304)744-4641  
 \$94.00 plus tax  
 Cut-off date: March 23, 2018  
 Code: ECD

Courtyard Marriott  
 100 Kanawha Blvd, E  
 (304)344-5777  
 \$139.00 plus tax  
 Cut-off date: March 19, 2018  
 Code: Celebrating Connections  
 WVDE

Wingate Inn  
 402 Second Avenue  
 (304)744-4444  
 \$94.00 plus tax  
 Cut-off date: March 23, 2018  
 Code: ECD



# Continuing Education Unit (CEU) Reporting Form/Certificate of Attendance

Approved Provider Description/Title--Twenty First Annual Celebrating Connections Conference

April 11-13, 2018 at the Charleston Civic Center, Charleston, WV

Please complete, sign, and submit as required by your licensing, certification, etc., entity. It is your responsibility to follow the appropriate protocol. Make a copy of this completed form for your records.

PLEASE INDICATE THE SESSIONS YOU ATTENDED AND TOTAL HOURS BELOW.

Name \_\_\_\_\_ Social Security Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

Type of License \_\_\_\_\_ State(s) and License(s) Number \_\_\_\_\_

Approved Provider Name - Celebrating Connections Conference - Individual Approved Provider

Approved Provider Number \_\_\_\_\_ (See CEU table for Approved Provider Number)

## WEDNESDAY, APRIL 11, 2018: ONE DAY INSTITUTES

APPROVED

ACTUAL

6 Hours \_\_\_\_\_ A- \_\_\_\_\_  
(Workshop Number and Title)

## WEDNESDAY, APRIL 11, 2018: 3 HOUR SESSIONS

APPROVED

ACTUAL

3 Hours \_\_\_\_\_ B- \_\_\_\_\_  
(Workshop Number and Title)

3 Hours \_\_\_\_\_ C- \_\_\_\_\_  
(Workshop Number and Title)

## THURSDAY, APRIL 12, 2018

APPROVED

ACTUAL

1.25 Hours \_\_\_\_\_ Keynote: \_\_\_\_\_

1.5 Hours (A.M.) \_\_\_\_\_ D- \_\_\_\_\_  
(Workshop Number and Title)

3 Hours (P.M.) \_\_\_\_\_ E- \_\_\_\_\_  
(Workshop Number and Title)

## FRIDAY, APRIL 13, 2018

APPROVED

ACTUAL

1.25 Hours \_\_\_\_\_ Spotlight Speaker: \_\_\_\_\_

1.5 Hours (A.M.) \_\_\_\_\_ F- \_\_\_\_\_  
(Workshop Number and Title)

1.5 Hours (P.M.) \_\_\_\_\_ G- \_\_\_\_\_  
(Workshop Number and Title)

TOTAL HOURS EARNED: \_\_\_\_\_ Note: You may only claim credit for the hours or portions of hours you actually attended. If required by your licensing, certification, etc., entity, present this certificate to a Celebrating Connections representative at the CEU table for a signature upon completion.

Celebrating Connections Representative Signature \_\_\_\_\_ Date \_\_\_\_\_

Certification: "In signing this form, I certify that I have attended and completed the continuing social work education contact hours, WV Birth to Three contact hours, or other continuing education contact hours indicated above. I also understand that continuing education hours must be earned to renew my license(s) and that knowingly falsifying records could result in disciplinary action, including suspension or revocation of my license(s)." 33

# Certificate of Attendance

This certificate is awarded to



Celebrating Connections Conference in Charleston, WV

April 11-13, 2018



Conference Committee Signature



Changing. Learning. Growing.



RVCDS/WVECTCR  
611 Seventh Avenue  
Suite 300  
Huntington, WV 25701

Celebrating Connections 2018

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